

SAINT LOUIS
ASSOCIATES IN



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D&C/Hysteroscopy Post-Op Instructions

ACTIVITY

1. No important decision making or driving in the first 24 hours, due to the effect of the anesthesia.
2. No Tampons, douching or intercourse for 1 week.
3. You may take a shower the morning of surgery.
4. You may take a bath when bleeding has slowed, approx. 1 week post-op.
5. You may swim after your post-op follow- up appointment.

PAIN MEDICATION

1. Prescription (if given).
2. Tylenol, Aleve, Motrin, Advil etc.

WORK

1. You may return to work in 1-3 days after surgery

FOLLOW-UP

1. Call office to make an appointment for 1-2 weeks for post-op visit.
2. Call the office at 314-993-6401 or the exchange at 314-388-6140 if there are any problems, such as fever or excessive bleeding.
3. The pathology results will be in the office in about 7 days. Call if you have not been notified of results within 10 days.
4. Expect some bleeding for 1-7 days. If excessive, call the office.
5. Call the office or exchange if fever persists above 100.4 for 4 hours or ever over 101.5.
6. Call for any others problems.