

BOARDCERTIFIEDINOBSTETRICSANDGYNECOLOGY Kent L. Snowden, M.D. Susan M. Gaffney, N.P.

## **Bone Density Studies**

- No nuclear medicine or barium X-Ray studies performed seven days prior to exam
- No calcium supplements for two days prior to the exam. If you have any questions regarding this please talk with one of our nurses
- Please wear comfortable clothing with no zippers, if possible
- This exam should NOT BE PERFORMED if you are pregnant
- Please check with your insurance company to verify your benefits
- If you have your yearly scheduled with your B.D., your provider will likely go over the results with you that day
- If you are here for only the Bone Density exam, Dr. Snowden will go over the finding and one of his nurses will call you with the results, please feel free to call us if you have not heard from our office within 10 days of the test.