

Name _____ Date of birth _____ Today's date _____

Referred by _____

Well Woman Update: (please provide dates where applicable)

Last bone density _____ (year)	Any abnormal Pap smears? _____ YES _____ NO
Last colonoscopy _____ (year)	Cervical Dysplasia (precancerous cells of the cervix)? _____ YES _____ NO
Last mammogram _____ (year)	If yes, any treatment? _____ Dates: _____
Last Pap smear _____ (year)	LEEP _____
HPV / Gardasil Vaccine series? _____ YES _____ NO	Laser _____
Hepatitis B series? _____ YES _____ NO	Cryo (freezing) _____
	Cone biopsy _____

Medical History: (Do you now have or have you ever had)

- | | | | |
|--|---|---|---|
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Depression/Anxiety | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Migraines |
| <input type="checkbox"/> Autoimmune disorder | <input type="checkbox"/> Diabetes (type?)
<u> </u> I <u> </u> II Gestational | <input type="checkbox"/> Hepatitis (type?)
<u> </u> A <u> </u> B <u> </u> C | <input type="checkbox"/> Osteopenia |
| <input type="checkbox"/> Bleeding disorder | <input type="checkbox"/> Elevated cholesterol | <input type="checkbox"/> Herpes | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Bone/Joint disease | <input type="checkbox"/> Fibrocystic breast | <input type="checkbox"/> Infertility | <input type="checkbox"/> Ovarian cysts |
| <input type="checkbox"/> Cancer (type?)
_____ | <input type="checkbox"/> Fibroids (type?)
_____ | <input type="checkbox"/> Irritable bowel syndrome | <input type="checkbox"/> Pelvic inflam. disease |
| <input type="checkbox"/> Chicken pox | <input type="checkbox"/> GERD / Reflux | <input type="checkbox"/> HIV | <input type="checkbox"/> Recurrent urinary tract infections |
| <input type="checkbox"/> Chicken pox vaccine | <input type="checkbox"/> G.I. illness | <input type="checkbox"/> HPV / genital warts | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Chlamydia | _____ | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Sleep Apnea |
| <input type="checkbox"/> Deep Vein Thrombosis | <input type="checkbox"/> Gonorrhea | <input type="checkbox"/> Hypert thyroidism | <input type="checkbox"/> Syphilis |
| | | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Trichomoniasis |
| | | | <input type="checkbox"/> Tuberculosis |

Surgical History:

Medicines & Allergies:

Current medications & dosages _____

Vitamins / herbal supplements _____

Drug allergies _____
Latex Allergy _____ YES _____ NO

Family History: (include age of onset and type of cancer)

ILLNESS	Mother	Father	Brother	Sister	Maternal Grandmother	Paternal Grandmother	Maternal Grandfather	Paternal Grandfather	Other Relative
Cancer (type)									
Diabetes (type)									
DVT									
Heart Disease									
Osteoporosis									

PLEASE COMPLETE BOTH SIDES

GYN History:

Age of first period? _____ If menopausal, age of menopause? _____

How often do you get your menstrual cycle? Every _____ days, lasting _____ days.

Are your cycles? Regular Irregular Painful

Are you sexually active? Never Not currently Yes

Method of contraception:

- None Vasectomy Rhythm Method Implanon
 Pills Condoms NuvaRing IUD (type) _____
 Essure Patch Depo Provera Tubal Ligation Other

Obstetrical History: (Please list all pregnancies, including miscarriages, abortions, and ectopic pregnancies)

Type: Vaginal, C-Section, forceps, or vacuum

Complications: Examples: preterm labor, diabetes, bleeding, high blood pressure, postpartum depression, etc

Anesthesia: epidural, local, general, or spinal

Date	Weeks	Length of Labor	Baby's Weight	Sex	Type of Delivery	Anesthesia	Complications
EXAMPLE	40	12hrs	7lb 8oz	F	Vaginal	Epidural	HBP. Gest diabetes

Social History:

Occupation: _____

Are you? Single Married Engaged Significant Other Divorced Widowed

Significant other's name: _____ Phone: _____

Other emergency contact name: _____ Phone: _____

Tobacco use: Never Current _____ # of cigarettes/day Former, quit at age _____

Alcohol use? _____ YES _____ NO *if yes, the average number of drinks/week _____

Street drugs? _____ YES _____ NO *if yes, the type used and last use _____

How many times per week do you exercise? _____ 1x _____ 2x _____ 3x _____ 4x _____ 5x _____ 6+

Per session: _____ 20 min _____ 30 min _____ 45 min _____ 60+ min

Any history of violence or abuse in your current household or in your past _____ YES _____ NO

Do you have any cultural or religious considerations that need special attention _____ YES _____ NO

Signature _____ Date _____

Subsequent year update (please sign after reviewing and making necessary changes)

Year 2 review _____ Date _____

Year 3 review _____ Date _____

Year 4 review _____ Date _____